

Breakfast & Coffee

Morning stops in the first couple hours out of the Bay

With a 7 AM start, only the early-opening spots will be serving when you reach them — **Vertigo is the reliable anchor**, with diners in Gilroy, Salinas & King City as you roll. The sit-down brunch spots open ~11, good if you leave later.

Coffee & early anchors

Vertigo Coffee Roasters

~1H45 IN

81 Fourth St, San Juan Bautista, CA 95045

In-house-roasted coffee + excellent breakfast pastries, on a quiet historic mission street — a perfect first leg-stretch for the dogs. Dog-friendly patio.

➤ [Apple Maps](#) [Google Maps](#)

Spearhead Coffee

~3.5 HRS IN

619 12th St, Paso Robles, CA 93446

If you'd rather caffeinate at the midpoint: excellent roaster on Paso's walkable downtown square. Pet-friendly outdoor seating.

➤ [Apple Maps](#) [Google Maps](#)

Diners & grab-and-go (Gilroy → Salinas → King City)

Garlic City Cafe

GILROY

7461 Monterey Rd, Gilroy, CA 95020

Classic downtown-Gilroy diner — hearty American/Italian breakfast, big portions, quick before the long stretch. Garlic everything, naturally.

➤ [Apple Maps](#) [Google Maps](#)

First Awakenings

SALINAS

171 Main St, Salinas, CA 93901

Fresh all-American breakfast/brunch institution in Oldtown Salinas — skillet, pancakes, fast turnaround on a walkable Main St.

➤ [Apple Maps](#) [Google Maps](#)

King City Grill

KING CITY

5 Broadway Cir, King City, CA 93930

The reliable sit-down spot for breakfast or lunch in a thin stretch — genuinely the best option in King City.

➤ [Apple Maps](#) [Google Maps](#)

Sit-down brunch (open ~11–11:30)

Jardines de San Juan

115 Third St, San Juan Bautista, CA 95045

Beloved Mexican spot with a lush flower-filled garden patio — dogs welcome. A memorable brunch if you're rolling later.

➤ [Apple Maps](#) [Google Maps](#)

Villa Azteca

SALINAS

157 Main St, Salinas, CA 93901

Sit-down Mexican on Salinas Main St — chilaquiles, huevos rancheros, or an early taco lunch.

➤ [Apple Maps](#) [Google Maps](#)

Old City Hall Restaurant

7400 Monterey St, Gilroy, CA 95020

American brunch/lunch in Gilroy's 1905 city-hall building; leashed dogs welcome on the fire-pit patio.

➤ [Apple Maps](#) [Google Maps](#)

Sources: [BringFido](#) — [Vertigo](#) · [Garlic City Cafe](#) · [First Awakenings](#)

Each stop links to **Apple Maps** (preferred) and **Google Maps** — both search the same verified address, so they land on the same pin. [skincheese.com/toro](#) · v3 · verified Jul 2026. Dog rules & hours can change — a quick check on arrival is smart.